

zumbini®

Created by Zumba and BabyFirst, Zumbini is an early childhood education program that uses original music and movement to promote cognitive, social, fine/gross motor skill, and emotional development for a mixed-age group of children ages 0-4, all while creating the ultimate bonding experience for families. Zumbini is a fresh and exciting take on early childhood music and movement. Zumbini classes are enjoyable for both the child and the caregiver. The music is fun, original, and written specifically for the Zumbini program. Zumbini is the only early childhood music program to combine a live class with take home music and books to continue the fun at home, as well as our very own Zumbini Time TV show, which can be found on BabyFirst TV and YouTube.

BENEFITS OF ZUMBINI CLASSES

The Zumbini program is a “whole child” music and movement education program, unique in its design to build positive associations with living a musical lifestyle at the earliest possible age, with attention focused on social, emotional, cognitive, motor, and language development. Musical behavior and rhythmic movement are proactively nurtured through the creation of a musically stimulating environment, the foundation of the Zumbini class experience. Music and movement experiences also help develop both sides of the brain, an important finding in recent research.

FINE AND GROSS MOTOR SKILL DEVELOPMENT

Your child will be constantly moving during Zumbini class, developing their fine motor skills with small movements, such as playing instruments, and their gross motor skills when performing large ones, such as dancing.

COGNITIVE DEVELOPMENT

Our mix of music and movement stimulates both sides of your child’s brain and forces them to draw patterns between the songs and activities in class. Furthermore, your child will use logic and reasoning to replicate the activities that he or she watches you do, such as wave a scarf or shake an egg shaker.

SOCIAL DEVELOPMENT

As they spend time with the instructor, other children, and other caregivers in the class! The interactive nature of our live class and mixed-age format ensures highly impactful social interaction for children of this age range.

EMOTIONAL DEVELOPMENT

In addition to singing about how we feel, the variety of tempos and rhythms in our music will cause your child to feel a wide range of different emotions during class, stimulation their emotional development at